

# MY LIFE MY HEALTH



## Chronic Disease Self-Management Program

OFFER WORKSHOPS FOR THOSE LIVING WITH THE  
CHALLENGES OF ONE OR MORE PERSISTENT HEALTH CONDITIONS

### FOUR DAY GROUP LEADER TRAINING!

Dates: April 27th, 29th & May 5th, 8th - 9:00 to 5:00

Location: Norwell VNA & Hospice, Norwell, MA

Thanks to generous support from the Executive Office of Elder Affairs and the Massachusetts Department of Public Health, the registration fee of \$75.00 will be waived for partners committing to start a Participant Workshop by May 31, 2009. Licensing scholarships will also be awarded to 3 partners demonstrating need and organizational readiness.



For More Information Contact Holly Cande at 1-800-892-0890

